

Spiritual Audit Checklist

Relationships with Other People:

- Is there anyone against whom you hold a grudge?
- Anyone you haven't forgiven?
- Anyone you hate?
- Anyone you refuse to love?
- Are there any misunderstandings that you are unwilling to forget?
- Is there any person against whom you are harboring bitterness, resentment, or jealousy?
- Anyone you dislike to hear praised?
- Do you allow anything to justify wrong attitudes toward others?
- Are there any relationships that need to be reconciled?
- Are you secretly pleased over the misfortune of another?
- Are you secretly annoyed over the accomplishments or advancement of another?
- Are you guilty of any unresolved contentions or strife?
- Do you quarrel, argue or engage in heated discussions?
- Are you engaged in any divisions or party spirit?
- Do you complain or find fault?
- Do you have a critical spirit toward any person or thing?
- Are you irritable or cranky?
- Do you ever carry hidden anger?
- Do you have outbursts of anger?
- Do you become impatient with others?
- Are you harsh, unkind, or sarcastic?
- Do you grumble or gossip?
- Do you speak unkindly concerning people when they are not present?
- Are you prejudiced against other Christians because they are of some other group or because they do not see everything as you do?
- Do you lie?
- Do you exaggerate or stretch the truth?

Personal Life:

- Is there anything in which you have failed to put God first?
- Have your decisions been made after your own wisdom and desires, rather than seeking and following God's will?
- Do any of the following interfere with your surrender and service to God: ambitions, pleasures, loved ones, friendships, desire for recognition, money, your own plans?
- Are you careless with your body?
- Do you fail to care for it as the temple of the Holy Spirit?
- Are you guilty of overindulgence in eating or drinking?
- Do you have any habits that are defiling to the body?
- Do you take the slightest credit for anything good about you, rather than give all the glory to God?
- Do you talk of what you have done rather than what Christ has done?
- Do most of your sentences start with, contain, or reflect upon "I"?
- Have you made a pretense of being something that you are not?
- Are you self-conscious rather than Christ-conscious?
- Do you allow feelings of inferiority to keep you from attempting things in serving God?
- Do you underpay?
- Do you put forth little effort in your work?
- Have you been careless in the payment of your debts?
- Do you waste time?

- Do you waste time for others?
- Do you listen to unedifying radio or music programs?
- Do you read unworthy magazines?
- Do you find it necessary to seek satisfaction from any questionable source?
- Are you doing anything that shows you are not satisfied in the Christian walk?
- Have you neglected to thank Him for all things and in all circumstances?
- Have you virtually called God a liar by doubting His Word?
- Do you worry?
- Is your spiritual temperature based on feelings instead of God's Word?
- Are you occupied with the cares of this life?
- Is your conversation or joy over "things" rather than the Lord and His Word?
- Does anything mean more to you than living for and pleasing God?
- Do you have personal habits that are not pure?
- Do you allow impure thoughts about the opposite sex to stay in your mind?
- Do you read material which is impure or suggest unholy things?
- Do you indulge in entertainment that is unclean?
- Are you guilty of the lustful look?
- Have you allowed yourself to become "spotted" by the world?
- Is your manner of dress pleasing to God?
- Do you neglect to pray about things before you buy them?

Christian Service:

- Have you failed to seek the lost for Christ?
- Have you failed to witness consistently?
- Is your life failing to reveal Jesus to your friends and neighbors?
- Have you robbed God by withholding your time, talents, and tithe?
- Have you failed to support mission work either in prayer or offerings?
- Are you undependable so you cannot be trusted with responsibilities in the Lord's work?
- Are you allowing your emotions to be stirred for the things of the Lord, but doing little about it?
- Do you stay away from the preaching of the Word?
- Do you whisper or think about other things during the preaching?
- Are you irregular in attending Bible study?
- Do you fail to attend prayer meetings?
- Have you neglected or slighted your daily private prayer time?
- Have you neglected God's Word?
- Have you neglected thanksgiving at meals?
- Have you neglected family devotions?
- Do you fail to submit to leaders in the church or elsewhere?
- Do you rebel at requests given to you to help in the work of the Gospel?
- Do you have a stubborn or unteachable spirit?
- Are you lazy or irresponsible?
- Have you dishonored Him and hindered His work by criticizing His servants?
- Have you failed to pray regularly for your pastor or other spiritual leaders?
- Do you find it hard to be corrected?
- Is there rebellion toward one who wants to restore you?
- Are you more concerned about what people will think, than what will be pleasing to God?
- Would you consider your spiritual life to be lukewarm or cold?

Take Time to Confess Your Sins to the Lord. Make a detailed list line by line of every specific time you sinned in each of these ways. After telling the Lord, specifically ask for his forgiveness and receive his freedom. You are being liberated and drawn close to Him.